



ISHMAN BODYCARE CENTER & INSTITUTE

Promoting Positive Transformation...Person to Person

2-Year Fascial Link Therapy Professional Continuing Education Program

1

Fascial Link Therapy courses are offered once per quarter.

2

Complete both Fascial Link Neuromuscular Therapy & Fascial Link Energy Therapy tracks in quarterly 4-day courses over two years.

3

Do reading and complete a minimum of two required practice sessions per week between courses.

Fascial Link Therapy™ developed from traditional neuromuscular & myofascial therapy methods to get faster results in clinical and sports therapy settings for pain relief, discomfort and tension through treating muscles and fascia together. With skill in addressing connective tissue and muscle along fascial link lines, results are faster, more profound, and less painful for clients during treatment. Due to the relaxation-inducing effects, Fascial Link Therapy is great for spas and relaxation settings also.



Useful while working with competitive athletes, repetitive stress injuries, fibromyalgia, back pain, and many other pain conditions, **Fascial Link Therapy™ builds our knowledge** of sound neuromuscular principles, and applies them through modernized treatment methods for releasing muscles & connective tissue for postural balance. Fascial Link Therapy courses will teach you how to work along lines of stress, to find and use musculotendinous junctions for faster results, evaluate neuromuscular responses and calibrate your treatment to them, and to use a *Dual-Release Technique* for smoother neuromuscular re-education. In this way, you can treat quickly and effectively to make therapy work remarkably effective. When postural imbalances are not the root of the problem, Fascial Link Energy Therapy provides you with the tools to assess and care for integrated energy systems and fascia. Our meridian-centered energy systems training is based in years of study and practice.

Fascial Link Therapy™ is efficient in relieving pain more quickly than traditional therapies, with some measurable results in a matter of minutes and with less pain for clients during its application. Fascial Link Therapy™ progresses from these quick results in each session to broader therapy plans that bridge western linear thinking and eastern relational methods of care.

ISHMAN BODYCARE
CENTER & INSTITUTE

608 S. Washington Street,
Suite 311
Naperville, IL 60540

*Visit us online for details
or call for information.*

ibodycare.com

800-687-5199